

BLNGEMA



Quarter 2 2015

"The white bellied sea eagle is a frequent visitor to our loading jetty. We must play our part in ensuring that this sea eagle remains a familiar sight, now and for future generations."



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MD Message

Dear Colleagues,

Bismillahirrahmanirrahim

Assalamualaikum Warahmatuallahi Wabarakatuh/ Warmest Greetings

Welcome to the second quarter issue of our newsletter BLNGEMA. I am grateful to share with you our activities and events held within the second quarter of 2015.

In this publication I would like to highlight the importance of Competence in our organisation. As part of our People Strategy - we need to get the right number of people with the right skills (competences) at the right time and

in the right jobs. The identification of the required competences before engaging any work(s) is one of the fundamental **steps** in any organisation. Having the right competence will help to ensure the safety of everyone in the organisation especially those jobs that has HSSE elements. It is also important to note that, identifying the gaps and the actions to address these are the shared responsibility between you and your supervisor.

Everyone in the organisation should understand that our focus is to ensure no harm to people and no harm to the environment in our aspiration of achieving Goal Zero towards a High Performing Organisation. In achieving this, Competence is very relevant, it is a set of skills required to do a certain job(s) safely, reliably and effectively. The point that I need to stress here is for everyone to have the commitment and accountability in assessing themselves against their respective Job Competence Profiles (JCP) and to identify the significant gaps that need to be addressed. Having a sound competence development process and assurance will afford the business to have an oversight of the critical competences and be able to implement the programs to reduce the risks associated with competence. I therefore urge all supervisors to have the accountability to confirm and validate the competency of their respective staff and discuss the training required to close those identified gaps. This is where everyone knows and understand what are the trainings required to help staff of doing a better job and becoming competent. I would like to emphasise that in preparing actions to close these gaps, be guided accordingly by the 70-20-10, 70% in-role development, 20% coaching, 10% training course.

As part of the organisational initiative to change for the better in terms of competences of our staff, the People, Work Culture and Leadership Work Stream (PWCL) in the Change Journey has incorporated competence development enhancement as one of their action items. This is where relevant key stakeholders play a vital role in managing competence within the organisation. Work is underway to continue in closing the gap of significant gaps and implement an assurance program for HSSE-critical positions. Other actions relevant to this among other things are:

- People and leaders are proactive and delivering results;
- Focus on staff development and performance management (ownership and accountability)
- Embed Brunei LNG's work culture "It's our LIFE" and carrying our people in our heart;
- Implant the right behaviour and attitude towards a safe operations both in personal and process safety.

I am glad to note that for the past two years we have reviewed our competence framework in line with the global initiative, and the result shows a positive outcome with the roll out of the new global competence framework. Internally within our organisation we have implemented JCP engagement across organisation and JCP have been reviewed and assessed with gap closure plan identified. Evidently that 90% of positions have JCP reviewed or verified and uploaded in SAPHRON and 83% of functional competences that were assigned or verified have been assessed and approved in SAPHRON. In addition, assessments in various phases for our Operators and Technicians have been carried out. Congratulations!

Lastly, my key message to everyone is to instil a continuous learning culture so as to improve the competence of every staff in the organisation, and to have a full commitment in ensuring that the right competence is set for the right job. The significance of having the right competence will assist you to progress your career as well as producing high quality, reliable and safe deliverables. This will continuously help us in shaping our organisation towards achieving Goal Zero and our aspiration of becoming a High Performing Organisation.

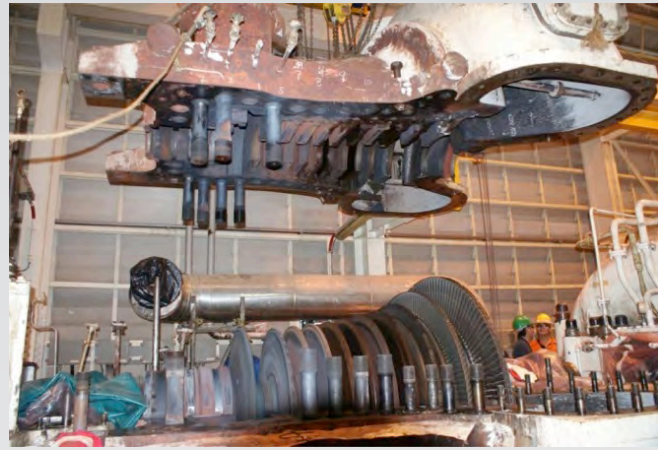
Thank you.

Together We Work as a Team for a Sustainable Future.

Regards,
Mohamad Awang Damit
MD/CEO Brunei LNG Sendirian Berhad

WHY IS IT IMPORTANT TO HAVE COMPETENT WORKFORCE

It is critical to have a competent workforce in operating the plant. In this issue, we would like to share the success story on Competence Assurance that focusing on Rotating Competency on Steam Turbine. This programme is initiated to enhance the competency of Brunei LNG's operators in ensuring that they adhere to the principles of operating steam turbines in the plant. There are two trainings conducted in this programme namely the Fundamental of Steam Turbine and Operating Critical issues on Steam Turbine.



What is the benefit of this programme?

This programme is initiated to enhance the competency of Brunei LNG's operators in ensuring that they adhere to principles of sustainability in our operation which is vital to the future of Brunei LNG's business. It also increases the level of motivation and confidence of Brunei LNG's operators in operating the steam turbine.

"The process of enhancing and strengthening of our competences in operating the steam turbine will help increase my confidence level. It is our aspiration to ensure that we operate the turbine properly as prescribed in the manual" said Abd Aziz B Abd Hamid (OPS/5308) Senior Operations Technician.

A combination of **knowledge, skills, and attitude** required to **perform consistently** at a given level of professionalism.



How is the programme being implemented?

The programme is also given an opportunity for strong collaborations among Operations (OPS), Competence Development (HCD) and Rotating Departments (ERE). The training was conducted by the Turbine expert Mr Hajime San. It includes having a face to face interview session with selected operators across various phases in the scheme. This will help to gauge their skill levels and identify specific actions to address any competency gaps, as part of the assurance process.

After the interview, the next step is the mitigation process in which the outcome from the interview session with the selected operators will provide a clear picture of where we are and develop a focus and specific subject in the training plan.

What is the outcome and next steps of this programme?

One of the outcomes of this initiative is to enhance the competency levels of our operators as required by the various phases in the Operation Technician Progression Scheme. Such enhancement would not be possible without the close collaboration between the Operations, Competence Development and Rotating Departments. As stated by Afandy Ahmad, Competence Adviser Lead-Operations, HCD/2 said *"We have concluded the reviewing, validating and signing-off the HSSE Critical Positions as well as identifying critical competences and preparing the assurance plan. One of those in our plan is to enhance the competency in operating the steam turbine which is one of the critical equipment in the plant amongst our operators. All these have been progressing well with the support of all departments and subject matter experts"*

Staff are urged to take this opportunity in order to boost learning and enhance the competency levels. It is through a competent workforce that will contribute to a flawless and safe start-up of our trains through doing it right the first time.

Key Milestones:

- All shifts attended the Fundamental of Steam Turbine Training
- 2 shifts attended the Operating Critical Issues on Steam Turbine Training
- 8 operators selected at random from various phases (2-5) for face-to-face interview with subject matter expert (SME) to gauge the level of competences



BUSINESS INTEGRITY REMAINS A FUNDAMENTAL BUSINESS PRINCIPLE

"BUSINESS INTEGRITY remains a fundamental business principle and priority for the BSJV Companies. As one of the leading energy company in Brunei Darussalam, Brunei LNG Sdn Bhd since its inception more than 40 years ago continue to set high standards of performance and ethical behaviours with our reputation being upheld by how we live up to our core values – honesty, integrity and respect for people." Mohamad Awang Damit, MD/CEO of Brunei LNG.

Referring to the above statement, the MD/CEO emphasises the importance of Business Integrity. In intensifying the awareness campaign on Business Integrity and Anti-Trust Compliance, the FM Function organised a Business Integrity Roadshow on 15 to 16th June 2015 at Brunei LNG's plant. The roadshow aims to create awareness and instil knowledge on Business Integrity. The event consists of two parts, entailing (1) a talk on Business Integrity and Anti-Trust Compliance and (2) roadshow displays on the subject. It also included a half-day talk from Anti-Corruption Bureau (ACB) on 15 June 2015. BUSINESS INTEGRITY remains a fundamental business principle and priority for the BSJV Companies and BSJV Companies have zero tolerance for Business Integrity violations and our BSJV Code of Conduct.

The event was launched by the Deputy Managing Director (DMD) Dr Thomas Jenke, in his opening remarks highlighted on what Business Integrity is all about. It is about gifts, hospitality, and conflicts of interest and many of the employees in the organisation are exposed to these. The issues of Business Integrity are something that affected the company substantially in terms of money as well as its reputation. Thus, Brunei LNG would like to uphold a high standard of ethical behaviours which coincide with our core values, it is important that everyone has the knowledge on Business Integrity and Anti-Trust Compliance as a means of embedding the culture into the Company for our journey to instil full compliance by 2017.

Meanwhile, CJ Lai, the Finance Manager (FM) highlighted that Business Integrity has been a high focus within the Company and BSJV with more efforts made to ensure that all staff have the knowledge to address any of its exposures. Looking the other way should not be an option as you can be perceived as being an accomplice. Therefore, he further advised that everyone to confirm any actions or behaviours or otherwise to ask if unsure. We, at Brunei LNG as part of BSJV, fully support and cooperate with the Anti-Corruption Bureau (ACB), and have a

zero tolerance policy when it comes to behaviours that contradict our core values and business principles. Another subject that is a growing focus is Anti-Trust Compliance Law, in which the Company being an international supplier of LNG delivers its products across international boundaries and therefore are subject to International Law. It is meant to provide protection to consumers from unfair business practises in which Brunei is in the midst of having its own Anti-Trust Compliance Law.

The two days event concluded with the prize presentation for quiz winners in the roadshow in which 10 staff received their prizes. Md Ronnie Esmandy Tompal, Head of Governance, Risk and Assurance (FGA) as the chairperson for the event took the opportunity to extend his appreciation with the staffs' attendance at the roadshow throughout the two days. He hopes that the roadshow will instil knowledge on Business Integrity, understands the consequences of engaging in an unlawful business dealing that would harm the reputation of the individuals as well as the company.



MAKE EVERYDAY A SAFETY DAY

On 6th May, Brunei LNG launched the Safety Day 2015 with a theme Achieving Goal Zero... because we Care. Present at the venue to officially launch the event was the Managing Director/CEO of Brunei LNG Mohamad Awang Damit. Also in attendance were various managing directors from business partners and some key stakeholders.

In his opening remarks, he acknowledged the participation of Brunei LNG staff, business partners and stakeholders from Brunei Methanol Company (BMC) and Shell in the Management site visit or "Management Turun Padang" held prior to the launching of the event.

He highlighted the aim of the visit in which to demonstrate that 'we care attitude' and felt leadership. One of the positive feedbacks was that the visits were seen as engaging rather than policing.

The MD/CEO further reminded all leaders to take few key actions in which leaders should Walk the Talk and be the role model when engaging staff. Leaders are encouraged to take ownership of all issues and discussed with staff and get them fixed.

During the Tool Box Talk, leaders are encouraged to participate and engage by asking questions and ensure the session is interactive and effective.

The launching event also witnessed the presentation of certificates of appointment to those appointed Safety Ambassadors for 2015 by Mr Alexis Fletcher, General Manager Integrated Gas Ventures, Brunei. The event continued with a presentation of Goal Zero Hero Ambassador Award for Q1 2015 to Hj Hanafi Sabtu, Integrity Project Leader EPM/41 who have shown dedication in ensuring HSE is first in his project deliverables. The Official Shell Safety Day 2015 video was shown and our very own Brunei LNG Achieving Goal Zero video.

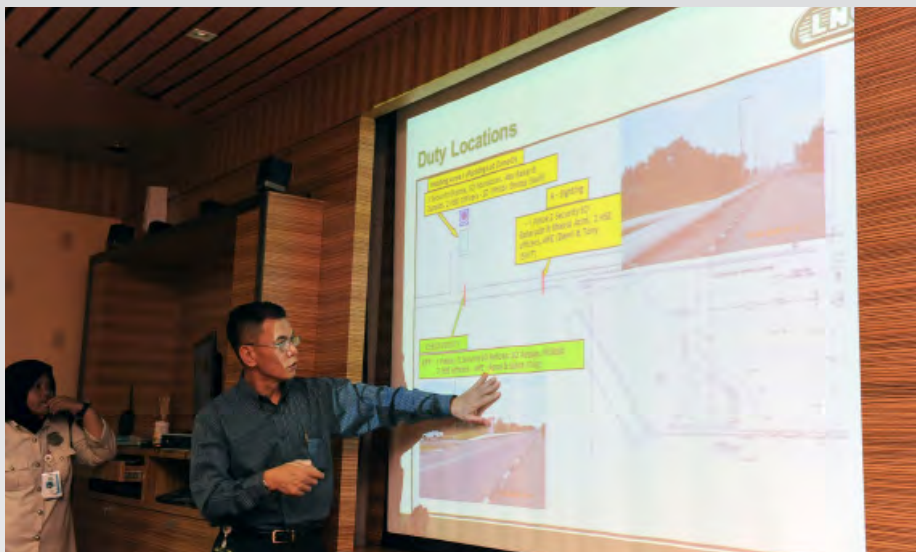
Concurrently with the launching event, a mass tool box talk was also held at an open area between the NMSC and Admin Block buildings. The session was led by Brunei LNG's Engineering Manager Wim van Vliet together with key personnel and contractor from Sahid. In the afternoon session, the Safety Day continued with Reflective learning sessions on Personal safety - Line of fire

ROAD SAFETY CAMPAIGN- “WHAT IF”

On 7th May 2015, the HSER Department with the support from HSES and LCE Departments organised a Road Safety Campaign with the theme “WHAT IF”. This campaign is part of the follow up event of Safety Day 2015 at Brunei LNG.

The target audiences are the employees of Brunei LNG, Business Partners and neighbours in Total and COGEN. This year a “WHAT IF” campaign is selected to be part of the initiatives to enhance safety among road users. For example, an employee who drives without wearing a seatbelt should ask a question to himself/herself, “WHAT IF” someone with a high speed hits his car from the other side of the road without him/her wearing the seatbelt. The potential danger would be he or she will be thrown out of the car. This is considered a prudent thought of avoiding possible danger or incident.

In profiling this campaign, window sucker stickers of “WHAT IF” are distributed to all cars parked at Brunei LNG parking areas and those using Brunei LNG’s road. Simultaneously, the Security Personnel and with the cooperation from the Royal Brunei Police Force, Traffic Division made a safety check on drivers without wearing seatbelt along the road leading to Brunei LNG. It is hope that by embedding “WHAT IF” in our mind could help avoid potential danger in anything that we do and also could help us in reducing the road accidents, HSE Incidents and consequently achieving our Goal Zero. Let’s make Safety as our continuous commitment towards the sustainability of our operations.



CAPTURING THE BLESSING FOR TANK 6

22 April 2015 marked a significant milestone for Brunei LNG as it held a blessing ceremony for the completion of the Tank 6 project. In its drive towards becoming a high performing organisation, Brunei LNG have taken strides in ensuring its mission and vision are fulfilled through continuous efforts at all levels, among others being the company's ongoing ventures towards asset rejuvenation as well as advancements to extend the plant's life-span in order to meet the demands of an ever growing LNG market.

Domestically, Brunei LNG remains committed to remain as a key driver to the national economy and sustainable development by assuring we meet the needs of the present without compromising the needs of future generations. The Tank 6 project is a clear embodiment of Brunei LNG's efforts in integrating itself into this competitive global market, while safeguarding our present and future national interests.

At the forefront of all this, top priority remains the assertion of sustaining a quality and safe working environment throughout the lifecycle of this project. With that, the Project team has achieved a safety record worth commending. Over the last 2 ½ years they have delivered 924 green days all awhile liquidating 1.9 MM Mhrs. This truly represents the team's commitment to the company's aspiration of 'Goal Zero' and 'No Harm to People'.

The successful delivery of this project is also attributed to the quality and professional services provided by T.K.K and Strabag from the detailed design and engineering, procurement and construction of the storage tank. Indeed, this is a demonstration of another extension to the long-standing business association between our companies, furthermore a testimony of a positive working relationship.



NEW LABORATORY BUILDING SOFT LAUNCHING



On 19th May 2015, a soft launching ceremony was held for the new laboratory building, located at south-east of Brunei LNG plant, officiated by our MD/CEO Mohamad Awang Damit marking the commencement of migration for the Laboratory Department.

The event started with a blessing prayer by Mohd Rifaie Hj Mohd Noor (HML/321), Junior Guidance and Counselling Support of Brunei LNG, then followed by an opening remark from Md. Saiful Rizal DP Hj. Mat Tusin, Project Engineer (EPM/42) who briefly shared the history of the project. The attendees at the event had the opportunity to tour around the new laboratory facility. Also in attendance

were members of Brunei LNG leadership team and invited staff and contractors.

The project was initiated as a result of findings from a study in 2006 executed jointly with SGSI Lab Pacesetter team, recommending new laboratory facilities that meet and comply to the latest Design Engineering Package (DEP) and safety standards supporting the plant operations for another 30 years.

The Basic Design Engineering Package (BDEP) and Detailed Design package were completed in 2011. The construction started in March 2012 with SAHID as the main contractor for the project. The new laboratory was designed and built

compliant to the latest DEP and safety standards. It is built with blast resilient design equipped with cooling and ventilation system to maintain required laboratory climatic conditions. The new Laboratory facility covers a footprint area of 1000 m² with 30 percent more volume than the current Laboratory building. It includes larger storage and office area, with meeting room and other support facilities.

The official opening of the laboratory building marks a significant milestone for Brunei LNG in providing better laboratory services for the organisation and other stakeholders, in addition to maintaining the ISO/IEC-17025 certification.

DELIVERY COMES TO AN END FOR B CLASS BUBUK

The history began in November 1975 for Genota LNG Ship or later named Bubuk when she delivered the first LNG cargo for Brunei LNG. Since then, she has successfully delivered more than 1.3 million tonnes of LNG from Lumut to Japan which was carried over approximately 400 cargo deliveries.

On 7th April 2015, this successful chapter came to an end for Brunei LNG and BST – Brunei Shell Tankers (the owner of the vessel) as Bubuk delivered her last cargo at Sodegaura to Brunei LNG's long term customers Tokyo Electric and Tokyo Gas. In celebrating this final journey, a small ceremony was held on board the ship upon her arrival. The event was attended by senior representatives from Tokyo Electric and Tokyo Gas, Brunei Energy Services and Mitsubishi Corporation.

In the remarks made by the Captain of the vessel Mr. Davor Matesic said that he is proud of being the last Captain of the vessel and being part of her excellent and long service record. He further mentioned that Bubuk which forms part of the original seven B class ships (Bebatik, Belanak, Belais, Bekalang, Bilis, Bekulan) have helped to contribute to the energy security of Japan and also enhance the relations of both Buyers and Brunei LNG.

Tokyo Electric and Tokyo Gas representatives also congratulated and thanked the Captain and Crew for their hard work and dedication in safely delivering LNG to Japan.



REACHING THE 6500TH CARGO DELIVERY TO JAPAN

It was a great achievement for Brunei LNG where on the morning of 5th of June 2015, Brunei LNG accomplished a significant milestone with the successful delivery of the 6500th Cargo to Japan. This significant achievement was reached when Belanak delivered to the No1 Jetty at Sodegaura Terminal, Chiba, Japan. This cargo was delivered to our customers Tokyo Electric and Tokyo Gas under a 10 year Sales & Purchase Agreement that was signed in 2013.

Present at this auspicious celebration with other key personnel in BGC and Brunei LNG was the Brunei LNG MD/CEO Mr. Mohamad Awang Damit. *"This achievement is the result of the strong collaboration and support of our long term customers, shareholders, gas suppliers, business partners and also our staff. This also underlines our commitment to operational excellence and high standards of safety that help contribute to this important milestone. Looking at the future, we will continue to focus our efforts in improving our safety and delivery performance, as we look to deliver more volume safely and reliably. Moreover, as the global focus on climate change continues, all countries are seeking to diversify their energy mix with a focus on clean-burning fuels. Brunei LNG is proud to play an important role in meeting this global demand for reliable and cleaner sources of energy."* Stated Mohamad Awang Damit in his opening remarks.



With the delivery of 6500th cargo to Japan, Brunei LNG has already delivered an approximately 223 million tonnes of LNG to Japan. The close collaboration between Brunei LNG and BGC/BST has enabled this great milestone.



A VISIT TO AMALI

It was a bright and sunny morning on 29 April 2015, when a group of 12 Young Professionals and Graduates (YP&G) proceeded to the offshore jetty with much enthusiasm and eagerness to be introduced to the third LNG carrier amongst the fleet of Brunei Gas Carrier Amali. Amali, built in 2011 by Daewoo Shipbuilding and Marine Engineering in South Korea, is a magnificent looking tanker, powered by highly efficient dual fuel engines and has the capacity to hold a cargo of 147,000m³ of LNG. This educational field trip is for the Operational Classes conducted for non-technical graduates and professionals by the HCD department.

Upon arrival at the jetty and going through the normal procedures, Captain Andjelko Opacak and Chief Engineer Drazen Cuka greeted us personally. We were treated to refreshments and an informal session where we had the opportunity to ask questions about Amali, and Captain Andjelko shared about the highlights of Amali's journey since its first cargo delivery to Japan.

The visit started with a tour around the bridge, much to the amazement of our IT colleagues when presented with the IT technology deployed on the vessel. We were escorted to the Cargo Operations Control Room where there were further interactions with the crew. The visit continued with a walk around the Engine Room and it made us appreciate the differences with operations on land and in a vessel where space is a major limitation. We were also very much impressed with the excellent housekeeping. The Captain guided us around the ship and deck and pointed out the operating areas of tanker berthing facilities such as the anchor, mooring equipment and lines.

All our many curious questions about life at sea in terms of security risk, safety, the evacuation of the crew is also answered by the captain as we walk from the bow to the stern of the vessel.

Here are some of the quotes from the field trip:

"None of us is a superman and we are all just normal humans, irrespective of uniform and number of stripes on epaulettes. Both the Chief Engineer and myself are indebted for the experience and the privilege to meet you all on the Amali." - Captain Andjelko Opacak

"I was amazed by the vastness of Amali - the team's spirit to ensure everything runs smoothly; and Brunei's beautiful waters & shoreline. The visit has allowed me a "peep" into the complexity of running a ship, maintaining its operation, & the importance of team work for everything to run smoothly," - Yong Siaw Wei, TIS/11

"I am very much encouraged by the enthusiasm of the team. The future and success of our business lies solely upon its work force. The better the work force comprehends the core of the business, the more they will find added value in the task they perform each day." - George Wong, HCD/22

"For me it's a very priceless experience you rarely get that easily, as I don't think we can get the chance of working on the tanker considering I am an office based staff. So having the opportunity to set foot on the Amali is such an exciting feeling and a good exposure to the "offshore" world. It is also a bonus getting a very warm welcome to a very accommodating shipmaster, Cpt. Andjelko Opacak. I would love to join visits to the other tankers if given the opportunity and meet the crew," - Momtazah Akub, HCD/13

"It is such an honourable experience to have the opportunity to visit Amali, and at the same time, learn about the work process as well as the working life at sea. It is indeed a valuable visit and thankful for the warm hospitality extended by the Captain and crew on the Amali," - Hayatul Aqidah Mohammad Eusoff, HSER/61



RAISING ATTENTION FOR THE COMMUNITY WITH A TOWNHALL SESSION

In the lead up to the Major Turn Around in May 2015, Brunei LNG Sdn Bhd (Brunei LNG) hosted a Community Townhall session with its external stakeholders on 16 April 2015. With almost 50 attendees made up of Belait government officers, Village Consultative Council Members of Mukim Liang villages, fence line community residents and staff members from neighbouring industries. The dialogue session is an annual event organised by Brunei LNG as part of its Social Performance (SP) initiative of engagement between the company, its stakeholders and fenceline community, through the provision of a forum to allow the promotion of two-way communication on issues of mutual interest.

In acknowledging concerns or enquiries from various sectors within the community on Brunei LNG's day-to-day operations, the forum which is currently in its 4th edition acts as a reputational management tool to manage real or perceived impacts of the company's activities through clarifying negative insights which may unease both its fence-line neighbours and other relevant stakeholders. Held at the Liang Lumut Recreation Club (LLRC), this year's Community Townhall gave focus towards the Major Turn Around encompassing what are to be expected during the month-long activities and measures that are in place to manage, if any, social impacts from this undertakings. Furthermore, the Townhall session was also used as an opportunity to reach out to the attending stakeholders to share on various topics ranging from Information on Flaring, Emergency Response Procedure and updates on the Co-Generation II (COGEN II) Project.

Among the questions raised by a member of the community was pertaining to the air quality within the community, relating the issue to Brunei LNG's flare, in which it was underlined that the emission levels are categorised as safe when benchmarked with WHO standards, based on the 2004/2005 and 2015 air quality studies. Nonetheless, it was acknowledged that continuous and more comprehensive monitoring activities will be undertaken by Brunei LNG. This will be made more feasible with the procurement

of its own PSI reading equipment which is currently underway.

Further to this, community safety was also raised whereby it was underlined that Brunei LNG takes personal and process safety as its highest priority. These are mitigated through existing safety precautions and procedures, whilst collaborating with the relevant government agencies and private bodies. Additionally, continuous efforts to align the community on emergency response preparedness are also undertaken, among others, the establishment of an ad-hoc Community emergency focal group and the possible use of school facilities to be converted into an emergency command centre are currently in early stages for consideration. At Brunei LNG, we undertake robust measures to ensure that we do not compromise the safety of the people, environment, assets and our reputation.

Haji Rahman bin Hj Sirat, Operations Manager Brunei LNG, further echoed such sentiment, highlighting "Brunei LNG has been in operation in Mukim Liang for more than 40 years and throughout this period, I am delighted that Brunei LNG and the residents of this community has established a close co-operation in various areas." He further added, "*We (Brunei LNG) are also pleased for the unwavering support extended by the community members on Brunei LNG's activities and insyAllah we will continue to ensure the well-being and interests of our fence line community are safeguarded in line with our company's objective and the vision of His Majesty the Sultan of Negara Brunei Darussalam's Government*".

Overall, the session was well received with positive feedback from the stakeholders, applauding Brunei LNG's continued initiative to engage the community in an open transparent manner, may it be through the annual Community Townhall sessions, quarterly community-based meetings as well as involvement in community activities. The success of another Community Townhall is a testament of the longstanding rapport shared between Brunei LNG and Mukim Liang.



BRUNEI LNG PARTICIPATES A FULL OF ACTIVITIES NATIONAL FAMILY DAY 2015

Brunei LNG took part in the National Family Day 2015 for the Belait District Zone 1 on 3 May 2015 Chaired by The Honourable (YB) Haji Mohd Shafiee bin Ahmad, Lumut 1 Village Head. The Belait District event was hosted at two different locations with activities for Zone 1 held at the Liang Lumut Recreation Club (LLRC) and saw the presence of the Honourable Minister of Education Pehin Dato (Dr) Haji Awang Abu Bakar bin Haji Apong as the Guest of Honour.

In his speech, YB Haji Mohd Shafiee noted that the theme for the district was “Keluarga Berwawasan Menjana Kecemerlangan”, adding the following remarks, *“I believe the excellence of a family with a vision will bring a positive impact to the nation and country, giving birth to a family that possesses mawaddah (compassion) and warrahmah (blessing)”*. He also emphasised that our own family plays an important role in our lives as they are an important part of the daily learning process and a reference point from time-to-time through thick and thin and in joy and in sorrow.

Various family friendly activities were lined-up to enliven the event, including a walkathon and performances staged by youths from various participating villages and Mukims. The Honourable

Minister also toured booths, which aside from showcasing products prepared by the villages and mukim’s Consultative Councils. Also included were participations from key companies such as Brunei LNG and Brunei Methanol Company (BMC). The Honourable Minister took the opportunity to visit Brunei LNG’s booth which presented the company’s Corporate Social Responsibility (CSR) initiatives in the form of Social Performance and Social Investments. It highlighted the company’s ongoing contributions to the community which has been operated for more than 40 years. Furthermore, Brunei LNG also showcased its Emergency Response Procedure (ERP) to assert on its readiness by having safety measures in place, whilst indirectly providing assurance of its commitments towards safeguarding its fence line community.

The national family day celebrated every year is an important opportunity for families to spend time with each other, especially in this new era which limits quality family time. The event hopes to create awareness and recognition that families are a basic and important unit in building a compassionate society, which is the foundation for the harmony of a country.

MOTIVATING STUDENTS WITH ACADEMIC EXCELLENCE AWARDS PRESENTATION

Over 150 students and teachers from the Belait district were awarded for their academic excellence during the 2014 Academic Excellence Awards held at the Liang Lumut Recreation Club (LLRC) on 7 May 2015.

Organised by Brunei LNG and the schools within the Mukim Liang community, 128 students and 30 teachers were awarded in four different categories including children of Brunei LNG employees. The Guest of Honour, Deputy Permanent Secretary of the Ministry of Religious Affairs, Ustaz Hj Harun Hj Junid, applauded Brunei LNG for organising the awards for the 14th consecutive year, which he said demonstrated the company's commitment towards academic development and progress. He further highlighted *"This shows that corporate organisations play an important role in the country towards achieving Vision 2035 which is to produce highly skilled, competitive and resilient individuals"*. This was further echoed by the Headmistress of Lumut 1 Religious School, Ustazah Hjh Sarinah Hj Jair, in her welcoming address as the organising committee chairperson for the event, stating that the awardees are the country's most valuable assets who can be a source of motivation for other students.

Chung Hwa Middle School was recognised as Best Primary School, while Pengiran Anak Puteri Hajah Rashidah Sa'adatul Bolkiah Secondary School was Best Secondary School and Sungai Liang Religious School was Best Religious School. The awards were based on evaluations carried out by the Department of Schools in Belait and the Department of Islamic Education.

Joining the guest of honour to present the awards to students, teachers and school representatives were Brunei LNG Legal & Communications Manager, Mohd Husini Haji Bakar and Operations Manager Haji Abdul Rahman Haji Sirat.



FOSTERING CLOSE RELATIONSHIP THROUGH CLEANING CAMPAIGN

A Cleaning campaign was held on 11 June 2015 at a Muslim Cemetery located at Kampung Bukit Sawat. This activity is an annual event organised by Brunei LNG with the support from the Fire and Rescue Sungai Liang and Labi, and the Village Consultative Councils. It was held as part of Brunei LNG's Corporate Social Responsibility and in conjunction to the arrival of the holy month of Ramadhan 1436H.

A number of representatives from Brunei LNG attended the event, among those present were Mohd Husini Haji Bakar, Brunei LNG Legal and Communications Manager, Haji Abdul Hamid bin Haji Momin the Penghulu of Mukim Liang, Awang Mohammad bin Abdullah Deputy Village Head of the Bukit Sawat and Awang Muhamad Ali bin Hassan, Station Commander Fire and Rescue Station, Sungai Liang.

The ceremony began with cleaning campaign followed by the mass recitation of the Tahlil led by Haji Ahmad bin Haji Othman the Imam of Bukit Sawat Mosque. Cleaning the cemetery is part of continuing yearlong efforts to foster a closer relationship between Brunei LNG and the community at large and to promote the importance of maintaining clean surroundings.

A GRATEFUL MOMENT FOR ORPHANS



It was Friday the 12th of June when 161 smiling faces of orphans came to Liang Lumut Recreation Club for the handover of donation ceremony for 2015 /1436 Hijriah.

The event was organised for those orphans residing in the Mukim Liang community and also the children of former Brunei LNG's employees. Attending the event as the guest of honour was Haji Mohammad bin Haji Jaya, the Senior General Manager, Plant.

The donation amounts were resulted from monthly healthy lifestyle programme organised by the HSQ Function. The money collected was then deposited in the Brunei LNG Orphans Fund. Besides that the BPPI has also initiated 4 donation boxes at various locations within the plant namely mailroom, restaurant, D & E Building and the Control Room.

From the 161 orphans, 56 children came from Lumut 1, 34 from Lumut II, 40 from Lumut II (RPN) , 23 from Sungai Liang and 8 from Brunei LNG's orphans. It was recorded that 84 of them were male orphans and 77 female orphans. The youngest orphan was 1 year 6 months old.

This activity is an annual event for BPPI as part of the Corporate Social Responsibility (CSR) in preparation for the month of Ramadhan and Syawal , and at the same time to ease the burden faced by the orphans and guardians.



AN EASE FOR TRAVELLERS WITH SOLAT QASAR AND JAMA'

On 21 May 2015, the Badan Pekerja-Pekerja Islam (BPPI) of Brunei LNG organised a talk entitled Solat Qasar and Jama'. The talk was delivered by Mohd Rifaie Hj Mohd Noor, Junior Guidance and Counselling Support. The main content of the talk was performing Solat during travelling.

The talk highlighted that when travelling over long distances (more than 91 kilometers), one may shorten some prayers, a practice known as Qasar. Furthermore, several prayer times may be joined or combined, which is referred to as Jama'. Qasar involves shortening the obligatory components (Rakaats) of the Zohor, Asar, and Isya' prayers to two Rakaats. Jama' combines the Zohor and Asar prayers into one prayer offered between Noon and Sunset, and the Maghrib and Isya' prayers into one between sunset and Fajr. Neither Qasar nor Jama' can be applied to the Fajr prayer which is Subuh Prayer.

There is no reference to Qasar during travel within the Qur'an itself, the Qur'an allows for Qasar when there is fear of attack (during war for example, or travelling in long distance), but does not forbid it for travel in non-hostile circumstances.



TAHLIL CEREMONY AT ROYAL MAUSOLEUM



Brunei LNG Sendirian Berhad (Brunei LNG), Brunei Gas Carriers Sendirian Berhad (BGC) and Brunei Methanol Company Sendirian Berhad (BMC) held a 'Majlis Bertahlil' at the Royal Mausoleum in Jalan Tutong on 25 June 2015, to pay their respects to the late parents of His Majesty the Sultan and Yang Di-Pertuan of Brunei Darussalam, Al-Marhum Sultan Haji Omar Ali Saifuddien Sa'adul Khairi Waddien, and Al-Marhumah Duli Raja Isteri Perigiran Anak Damit as well as other royal family members.

Present at the event was Mohamad Haji Awang Damit, Managing Director/ CEO of Brunei LNG, Haji Shahbudin Haji Musa, Managing Director of BGC and Daud Haji Jais, Deputy Chief Executive Officer of BMC; along with senior officers and staff of the three companies.

The recital of Surah Yassin, Tahlil and Doa Arwah was led by Hj Roslan Adnan, President of the Brunei LNG's Muslims Employees Body (BPPI). A total of 50 staff attended the function which is among a series of religious activities conducted annually during the Holy month of Ramadhan.



FEATURED ARTICLE: ARE YOU BORN TO BE MOTIVATED?

EXPERTS EXPLAIN WHY WE'RE DRIVEN AND HOW TO INCREASE MOTIVATION

Source: <http://articles.chicagotribune.com>

Social interaction in group exercise settings can be a vehicle of encouragement and motivation. (Los Angeles Times file photo)

Can motivation be in your wiring or is this learned behavior? According to experts, it's a little bit of both.

"We do have different temperaments and different personality styles when we're born, but research shows that clearly our behavior, personality and motivation can be shaped," said psychologist, business consultant and author Paul White. "If you think of the word 'motivate,' the root is 'motive' -- which is a reason to act. When we're trying to motivate someone we're trying to give them a reason to act."

White said there are two broad categories of motivation — proactive motivation, where you're trying to reach a goal, and fear-based motivation, when you're trying to avoid something.

"A lot of people are fear-based, where anxiety sort of drives their lives, and then there are other people who look beyond that and are more moving toward a goal or an achievement," White said.

Cognitive psychologist Shlomo Breznitz, who spent decades researching the brain and co-authored the book "Maximum Brainpower," said a chaotic or unpredictable environment can also shape a person's motivation habits.

"When the subject is an environment that is random and there is nothing that you can do in order to get something or avoid something, these subjects develop what is called 'learned helplessness,'" Breznitz said.

Another motivation killer, Breznitz said, is when you're used to having everything done for you.

"We have come across this often with those who had parents who were too helpful, so they become very passive and unmotivated," Breznitz said. "When there is this kind of overprotection in childhood, this can reduce the drive of that person."

How a person is raised and whether they have hope will also factor in to a person's drive, White said.

"People who are severely abused or neglected...they generally have learned to give up because they feel that since nobody responds, it doesn't matter what they do," he said.

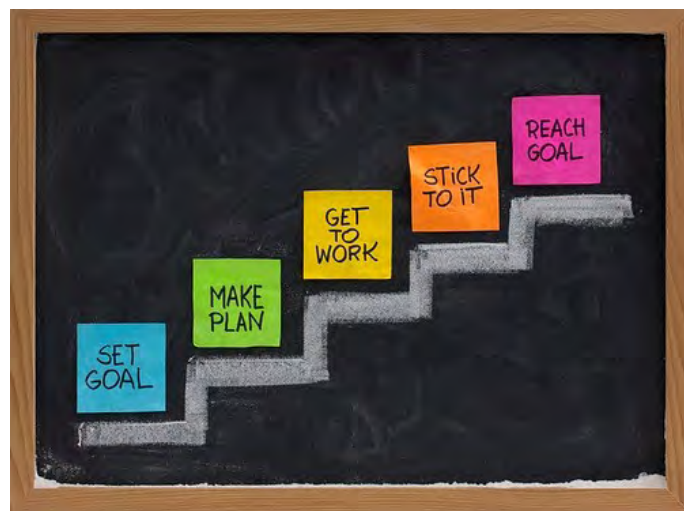
And don't underestimate the power of perseverance, White said.

"People want to quit when they fail the first time or simply because they're afraid of failure," he said. "Doing something once isn't going to get you some kind of reward. The Olympics are a great example of this — these young people practice time and time again to succeed."



<http://www.businessnpacademy.co.uk/images/uploads/ID-10078125.jpg>

Here are some tips to motivate yourself and others:



http://organicrunnermom.com/wp-content/uploads/2012/11/motivationalgoalsquoteslettercreativeinspirationphotography-0d39d5238cabcf499e903bf8119e1657_h.jpeg

For yourself:

Write down your goal

"Figure out what you're trying to accomplish, and ask, 'What actions can help me get there?'" White said. "And if you're having a hard time moving on this or fears get in the way, then break it into smaller actions, just starting with the goal."

For yourself:

Get support

"The word encouragement means 'with courage' — it's to come alongside and give somebody the courage to overcome their fears," White said. "Motivation is highly impacted by our relationships and our social network. That's why we run with someone in the morning vs. running on our own. You need somebody else in the mix — a support system. It's tough to sustain effort over a long period of time without somebody else there encouraging you."

For others:

Don't offer too much praise

"There is a lot to be said for being a little bit stingy with reinforcements," Breznitz said. "If you get it every time, it loses the value. We don't give a reward because someone behaved at dinner. That's like rewarding someone for inhaling or exhaling. It is the frequent event you can't reward you need to reward the outstanding event."

For everyone:

Use an optimal level of challenge

"We need the optimal level of challenge for the brain to stay in shape," Breznitz said. "Think about something that is too easy -- you become bored very quickly. If it's too hard you become frustrated and leave it. To encourage motivation the level of challenge has to be just right- not too hard and not too easy. It takes work to find the optimal level of challenge because it requires a lot of attention, but it is very effective."

TOWARDS A HIGH PERFORMING ORGANISATION BY 2017



PEOPLE & LEADERSHIP - THE HEART OF CHANGE JOURNEY

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